The Value of Godliness



1 Timothy 4:5-8

Profitable for all things

- 1 Tim 4:6-8 If you instruct the brethren in these things, you will be a good minister of Jesus Christ, nourished in the words of faith and of the good doctrine which you have carefully followed.
- ⁷ But reject profane and old wives' fables, and exercise yourself toward godliness. ⁸ For bodily exercise profits a little, but godliness is profitable for all things, having promise of the life that now is and of that which is to come.

Background (vs 1-5)..

• Instructions to Timothy..

– Warning of future falling away (1-3)

- Receiving God's gifts thankfully (4-5)

Godliness or bodily discipline..

Godliness Based on sound doctrine

Profitable for all things (Now and Forever) Bodily Exercise Worldly tales (fables)

Limited Value

The promise of physical training..

- "Work hard and you will see results"..
- Our promise: a relationship with God that will last through eternity..

God's care of the godly

• Psalm 32:5-7 For this cause everyone who is godly shall pray to You In a time when You may be found; Surely in a flood of great waters They shall not come near him. ⁷ You *are* my hiding place; You shall preserve me from trouble; You shall surround me with songs of deliverance.

• 2 Peter 2:9 the Lord knows how to deliver the godly out of temptations and to reserve the unjust under punishment for the day of judgment

• Psalm 37:28 For the Lord loves justice, And does not forsake His saints; They are preserved forever, But the descendants of the wicked shall be cut off.



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