



Characteristics of Healthy Families

Deuteronomy 6:4-9



1 The Role Model of Parents

#1 What your kids see you do as they grow up is what you'll likely see them do when they grow up..

– Deut 6:4-9

– Formal instruction (what you tell them)

– Informal instruction (the values you live)



2 Family Time is a Top Priority

#2 Healthy parents don't find time, they make time..

– Deut 6:7

- spending casual time together

– Luke 5:17-20

- Make the most of teachable moments



3 Plenty of Constructive Communication..

- #3 A healthy home is where people make time to listen, ask questions and nurture quality communication
 - Eph 4:15, 29
 - Use words to build up
 - Proverbs 21:11
 - Learn to be a good listener



4 Cultivating an Encouraging Environment..

- #4 Sincere appreciation is frequently expressed
 - Eph 6:1-4; Col 3:22-23
 - Expressing simple appreciation
 - Avoiding hurtful criticism
 - 1 Thess 5:11; Heb 3:12-13



5 A Spiritual Focus..

- #5 The healthiest homes are godly homes built on spiritual foundation with a spiritual focus
 - Psalm 127:1-2
 - Pray together, worship together
 - Talk about spiritual matters as a family



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