

Praying for Inner Strength



Ephesians 3:14-21

How do we pray for each other and for ourselves?

- Eph 3:14-21.. Paul's prayer for the Ephesians
 - Beautiful prayer for strength in the inner man
 - Which of us couldn't benefit?

Inner strength must be developed and nurtured over time by the intake of truth and prayer..

Importance of inner strength

- Outward man.. meeting expectations of society
- Inward man.... meeting the challenges of life

2 Cor 4:16 Therefore we do not lose heart. Even though our outward man is perishing, yet the inward *man* is being renewed day by day.

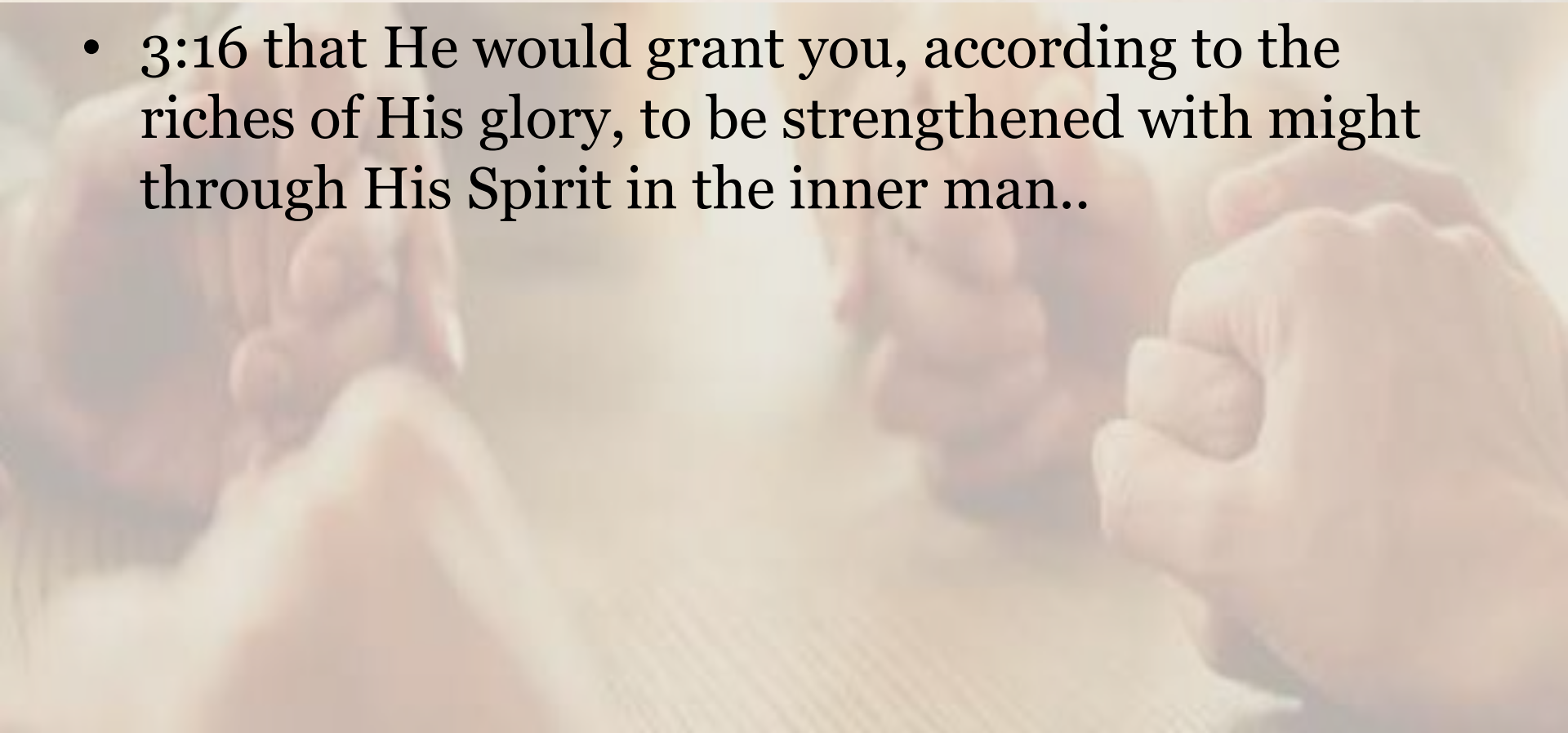
Posture for this prayer..

- Eph 3:14-15 For this reason I bow my knees to the Father of our Lord Jesus Christ, ¹⁵ from whom the whole family in heaven and earth is named..
 - Jewish men prayed standing ..
 - Picture of intensity and submission..



Petitions of this prayer

- 3:16 that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man..



Petitions of this prayer..

1 Inner Strength

Blessings Christians enjoy..

- Chosen by God (1:4)
- Adopted into God's family (1:5)
- Acceptance before God (1:6)
- Forgiveness of sins (1:7)
- Insight into God's will (1:9)
- An eternal inheritance (1:12)
- Sealed by the Spirit (1:13)
- Wisdom and knowledge (1:17)
- God's divine power in us (1:18)
- Christ the head of body (1:22)
- Raised to spiritual life (2:1-5)
- God's mercy and love (2:4)
- Seated with Christ (2:5-6)
- Promise of eternal riches (2:7)
- Saved by grace (2:8)
- God's workmanship (2:10)
- Made near to God (2:11-13)
- Unity/peace in His body (2:14)
- Equal access to God (2:18)
- Heavenly citizenship(2:19)

How do we use this power?

- Ephesians 1-3.. All our blessings..
- 3:16-20.. How to turn on the ignition..



3:16 that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man..

Petitions of this prayer..

- 3:17 that Christ may dwell in your hearts through faith..

2 Christ dwell in your heart

1 Inner Strength

Petitions of this prayer..

- 3:17-19 that you, being rooted and grounded in love,
¹⁸ may be able to comprehend with all the saints
what is the width and length and depth and height—
¹⁹ to know the love of Christ which passes knowledge

3 Comprehend the love of Christ

2 Christ dwell in your heart

1 Inner Strength

Petitions of this prayer..

- 3:19 that you may be filled with all the fullness of God.

4 Filled with the fullness of God

3 Comprehend the love of Christ

2 Christ dwell in your heart

1 Inner Strength

Potential of this prayer..

- Eph 3:20-21 Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, ²¹to Him *be* glory in the church by Christ Jesus to all generations, forever and ever. Amen.

Reaching your spiritual goals?

- Imagine achieving far beyond those goals..

EXCEEDINGLY
ABUNDANTLY

above all

• EPHESIANS 3:20 •

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