

Jesus calming the storm..

• ³⁵On the same day, when evening had come, He said to them, "Let us cross over to the other side." ³⁶Now when they had left the multitude, they took Him along in the boat as He was. And other little boats were also with Him.

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• ³⁷ And a great windstorm arose, and the waves beat into the boat, so that it was already filling. ³⁸ But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, "Teacher, do You not care that we are perishing?"

Jesus calming the storm..

• ³⁹Then He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was a great calm. ⁴⁰ But He said to them, "Why are you so fearful? How *is it* that you have no faith?"

1 The Reality of Trials

• John 16:33 These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."

1 The Reality of Trials

- James 1:2-4 My brethren, count it all joy when you fall into various trials, ³ knowing that the testing of your <u>faith produces patience</u>. ⁴ But let patience have *its* perfect work, that you may be perfect and complete, lacking nothing.
- Rom 5:3-4 And not only *that*, but we also glory in tribulations, knowing that <u>tribulation</u> produces perseverance; ⁴ and perseverance, character; and character, hope.

2 The Battle of Emotion

- Isaiah 41:10 Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'
- John 14:27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.

2 The Battle of Emotion

- Sadness.. God near the broken hearted Psa 34:18
- Hopeless.. Cast cares on the Lord Psa 55:22
- Fears.. God is my rock in whom I trust Psa 18:2

3 The Power of Prayer

• 1 John 5:14-15 Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. ¹⁵ And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him.

3 The Power of Prayer

• Phil 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

4 Find Strength in the Lord

• Psalm 46:1-3 God *is* our refuge and strength, A very present help in trouble. ² Therefore we will not fear, Even though the earth be removed, And though the mountains be carried into the midst of the sea.

